



*lactose- &
gluten-free*

700mg CALCIUM
5 µg VITAMIN D₃
80 µg VITAMIN K

Doppelherz® aktiv Knoxan FORTE contains 700 mg of calcium in a meaningful combination together with the „Calcium Installation Assistant“ vitamin D and vitamin K.

Calcium is an essential mineral and is needed for the maintenance of normal bones and teeth. Calcium also contributes to a normal muscle function and normal blood clotting.

Since the bone is constantly rebuilt, but calcium can not be formed by the body itself, it must be sufficiently and regularly absorbed through the diet.

Calcium is particularly required:

- during the growth age
- during pregnancy and lactation
- for women in and after menopause
- for people above the age of 45

Although the body can produce **vitamin D** through the regular exposure of sunlight to the skin itself, this in-house production is often insufficient in our latitudes.

The „Calcium Installation Assistant“ vitamin D contributes to a normal utilization of calcium and, like vitamin K, contributes to normal bone preservation.

An adequate intake of these vitamins through the diet should also be considered.

One capsule contains:

700 mg Calcium, 5 µg Vitamin D, 80 µg Vitamin K.

Ingredients:

Calcium carbonate, Maltodextrin, Bulking agent: micro crystalline cellulose, Coating: hydroxypropyl methylcellulose, Anti-caking agent: magnesium-salts of fatty acids, Anti-caking agent: silicon dioxide, Bulking agent: cross-linked sodium carboxymethyl cellulose, Cellulose, Anti-caking agent: fatty acids, Anti-caking agent: talcum, Colour titanium dioxide, Phytonadione, Cholecalciferol

Please note:

Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children. Not suitable for children under the age of 12.

Store in a dry place at a temperature below 25 °C.

Recommended dosage:

Take 1 tablet daily at meal with enough liquid. If required, the tablets can also be divided into two halves. Do not chew.



Producer:


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