



Joint 1200

ULTRA

*lactose- &
gluten-free*



High-strength glucosamine,
a key-building block of cartilage

Supports cartilage health and joint mobility

The cartilage is a gelatinous tissue, elastic yet shock-resistant, that is essential to ensure gliding of our articulations. Repetitive tasks, overweight and aging contribute to wearing of the cartilage, and overstraining may lead to joint discomfort or even pain and reduced mobility.

Preserve health of the cartilage is therefore important to maintain joint comfort and mobility. It may be as simple as regularly exercising and supplying the organism with the right nutrients. Among these, glucosamine is known to nourish the cartilage. Glucosamine is in fact a building block that penetrates and strengthens the very structure of this tissue. Its regular use, especially when combined with adapted physical activity, is linked with improving joint comfort and mobility.

Doppelherz® aktiv Joint Ultra 1200 was formulated to provide the cartilages with **high-strength glucosamine** and extra nutrients that are essential for collagen production (**vitamin C**), muscle function (**vitamin D**) and bone health (**vitamin D and K**), which all help to maintain joint health and mobility.

One tablet contains:

1200 mg Glucosamine hydrochloride, 80 mg Vitamin C, 3 mg Vitamin E, 40 µg Vitamin K, 20 µg Vitamin D₃.

Recommendations:

Take 1 tablet daily at meal with enough liquid. Do not chew.
Do not exceed the stated recommended daily dosage!
Food supplements should not be used as a substitute for a varied diet.
The product should be stored out of the reach of children.

This product is not suitable for people with crustacean allergy. Diabetics and persons taking blood-thinning medications should consult their doctor before using this product. Due to lack of sufficient data, pregnant and breastfeeding women as well as children and adolescents should not take this product.

Do not store above 25°C.

Energetic value:

1 tablet corresponds to 5 kcal / 21 kJ.



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